



**ALUMNI**

FALL 2019

**ENERGY INNOVATION CENTRE**

**MEET YOUR BOARD**

**FALL CONVOCATION**

# STAY CONNECTED



## ABOUT THIS ISSUE

The award-winning DC Alumni magazine is written, designed and published by the Communications and Marketing department to complement the Reflections publication prepared three times a year by students in Durham College's (DC) Public Relations program. Both are available by visiting our [Alumni publications page](#).

Do you have a story idea or something to share? Is there anything you would like to read about? We would love to hear from you!

Please [email us](#) with your comments, questions or suggestions.





# IN THIS ISSUE

FALL 2019

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- 4** Message from the president
- 6** Message from the president of the DC Alumni Association
- 8** You're invited to get involved with Durham College's (DC) Coffee Conversations
- 10** Call for Love at DC stories
- 12** Alumni Spotlight: *Dustin Kellow*
- 14** DC encourages young women to see themselves in science, technology and skilled trades
- 16** Durham College Spa launches new services for fall
- 18** Alumni spotlight: *Christy Stone-Curry*
- 22** Enactus DC receives \$3,000 grant from Town of Whitby
- 24** Durham College celebrates opening of Energy Innovation Centre and completion of geothermal field
- 26** Alumni Spotlight: *Judy Pal*
- 28** From our kitchen to yours
- 32** Class Notes
- 34** Meet your Durham College Alumni Association (DCAA) Board - *Cameron Ackerblade*
- 36** Bistro '67 named one of 50 Best Restaurants for Vegetarians in Canada
- 38** DC recognizes student achievement at 2019 Fall Convocation
- 40** Sports Shorts
- 44** Featured benefits
- 46** Save the date

# MESSAGE FROM THE PRESIDENT

Attending convocation is one of the best parts of my job. Seeing students beam with pride as they cross the stage and knowing that we have prepared them for the next step in their journey is what motivates me as president of Durham College (DC). It's their achievement and the DC experience that students remember for decades to come – I know this because I experienced the same DC pride at a 50-year reunion for our very first class of graduates of the three-year Business program.

It was incredibly rewarding watching and listening to alumni reunite after so many years. For some, they hadn't seen each other since their own convocation. They shared stories about the campus, their teachers, former president Gordon Willey and the silly things they did as students – but what struck me most was the immense pride they still had for DC. They spoke about their shared memories and where their diploma took them, and it's a reminder of the significance of the college experience. At DC they built a foundation for success, developed life-long friendships and, for some, even met their future life partner.

As alumni, many of you share common experiences like this. From preparing for exams together in the library to celebrating the end of the semester, you each had a part in your shared journey to convocation and beyond. I'd love to hear about these memories, and encourage you to share them with us on social media. Better yet, if you're interested in organizing your own program or class reunion you can reach out to the Office of Development and Alumni Affairs. They have pre-planned reunion event options to make the process easy and can provide you with assistance in connecting with former classmates.

I hope to see more reunions in the future like the one I attended in October. It's so important to reminisce about where your journey began and reconnect with peers – you never know what old friends you might be reunited with in the process.

Don

*Durham College president Don Lovisa addressing graduates at 2019 Fall Convocation.*



# MESSAGE FROM THE PRESIDENT OF THE DC ALUMNI ASSOCIATION

What a busy year 2019 has turned out to be for us at the Durham College Alumni Association (DCAA). After last month's Fall Convocation, our membership is now more than 91,000 alumni strong – how fantastic!

Over the past few months, I've had the pleasure of meeting many of you at our Alumni Summer Social, Annual General Meeting and Alumni Gaming night, and there are so many more DCAA events coming up that I'm looking forward to attending, like our annual Oshawa Generals Alumni Night. These events are a fulfilling part of being a Durham College (DC) alumni. Not only are they an opportunity to re-connect with old classmates and see what new and exciting things are happening at DC, they're also a surprisingly fun way to network with others who share our DC pride. You never know who you may meet or what opportunities may present themselves because of these interactions – a new mentor, job prospect, career advice or even a friendship.

Take a look at the Save the Date section of this magazine for a glimpse at some of our exciting upcoming opportunities to re-connect. If you're separated from us by distance or not able to make it to an event, the Office of Development and Alumni Affairs has recently launched DC Coffee Conversations, a mentoring and networking platform powered by Ten Thousand Coffees and supported by RBC Future Launch. Sign up today to network with other alumni or become a mentor to a current student.

Either way, I hope you're able to take advantage of all of the opportunities the DCAA gives us to strengthen this amazing network of alumni.

Cameron Ackerblade  
President  
Class of 2005



# YOU'RE INVITED TO GET INVOLVED WITH DURHAM COLLEGE'S (DC) COFFEE CONVERSATIONS

As a DC graduate, you have valuable life and career advice to share. With 85 per cent of jobs being filled via networking it is key for students to receive support and advice from those in industry. The top skills companies are looking for across all industries are active listening, speaking, critical thinking and social perceptiveness. Everyone can improve these skills by connecting with others, sharing your story and asking thoughtful questions.

Powered by Ten Thousand Coffees, DC Coffee Conversations is an exclusive networking and mentoring platform that introduces you to alumni and students based on specific career interests and goals. You can schedule and set up a coffee chat in-person or online.

## JOIN THIS NETWORK TO:

- Help shape the careers of students and young alumni by sharing your career advice and experience.
- Develop your networking and mentoring skills through real-world practice.
- Build your network of other DC alumni based on your industry and interests.

## HOW DOES COFFEE CONVERSATIONS WORK?

You'll receive a monthly introduction to a student or fellow alumni based on your career interests and goals.

Suggest a time to chat, in-person at a coffee shop or online from the comfort of your home, to share your advice and experience.

Receive an official LinkedIn certification to recognize your commitment to mentoring and networking.

Once you join, all introductions are sent directly to your inbox so you don't need to use another tool!

## HOW DO I JOIN?

Respond to an Invitation when you are matched with another DC Coffee Conversations member.

[SIGN UP HERE](#)



Ten  
Thousand  
Coffees

Supported by:



**Future Launch**



# COFFEE CONVERSATIONS

# CALL FOR LOVE AT DC STORIES

“We started dating in college.” It’s a familiar statement when couples talk about how they met.

In anticipation of Valentine’s Day, the Durham College Alumni Association is hoping alumni who found love at DC will be willing to share their story.

Maybe it began in class. Maybe it was a glance across the cafeteria or over drinks during a night out. Either way, we would love to hear about the role DC played in bringing you and your significant other together.

The tales of romance collected may be included in an upcoming issue of the Alumni magazine and communicated through the alumni social media channels.

We encourage you to share your story and pictures by emailing them to [alumni@durhamcollege.ca](mailto:alumni@durhamcollege.ca).



# ALUMNI SPOTLIGHT: DUSTIN KELLOW

Launching a new business venture can be terrifying, which is why it's lucky for Dustin Kellow that he's never been afraid of taking risks. He's earned job offers by picking up the phone and calling CEOs directly and even packed up his life to move to Melbourne, Australia for a few years. As a 2001 graduate of the Business Administration – Marketing program at Durham College (DC), Dustin has spent the better part of his career working in marketing. So when he decided to leave the marketing world in 2017 to launch Durham Recruiting, it was yet another leap of faith and change that he knew needed to happen.

"I used to leave work running to the GO Train, then rush across Oshawa and into Port Perry to get home in time to read our daughter a bedtime story," says Dustin, recalling the long commute he used to take into Toronto for work. "It was during one of those evenings that I overheard [my wife] Diane, who was working at Randstad at the time, speaking to a candidate who was so grateful for Diane helping her get her dream job. That was our aha moment! So we moved our mortgage, got a small line of credit and went all in with no plan B and started Durham Recruiting together."

The gamble of going all in has already paid off for Dustin and Diane. Maclean's and Canadian Business magazines recently ranked Durham

Recruiting as the 15th fastest growing company in Canada. The company also won ClearlyRated's 2019 Best of Staffing Client and Talent awards. For Dustin, the risk of entrepreneurship is no match for its rewards including a shorter commute and the satisfaction of discovering his talent in professional matchmaking.

"I love everything about my job," he says. "I work with an amazing team of dedicated individuals, and we have the opportunity to hear not only the stories of all the incredible businesses that exist here in Durham, but the stories of job seekers, too. There is nothing more gratifying than matching someone with a local company and knowing that both parties benefit."

Dustin also places a high value on being a part of the community. Both he and his wife are active members with all five boards of trade and chambers of commerce throughout Durham as well as the Business Advisory Centre Durham, where they provide free workshops and sit on the human resources expert panel that provides advice to entrepreneurs. They also volunteer for community events like the Communities with Brooms clean-up initiative and the holiday family gift sponsorship for Their Opportunity, a non-profit based in Oshawa. Durham Recruiting also recently received an Eco-Business designation from the Ajax-Pickering Board of Trade for their

sustainable business practices.

If you ask Dustin and Diane what comes next, expect exciting goals and, of course, a few more risks. They recently announced the fall launch of their new Human Resources division.

“We’ve helped our partners acquire top talent for their companies and now with our new HR division we can partner with them to help with retention strategies and other HR-related functions that are critical for the growth and success of companies,” explains Dustin.

Durham Recruiting is also working with DC’s Hub for Applied Research in Artificial Intelligence for Business Solutions to develop a powerful tool that will use artificial intelligence to better match job seekers with businesses by going beyond the traditional resumé. Differing from other AI recruitment tools, the prototype will include key factors in its matchmaking process such as psycho-metric data, work environment, culture fit and more. The innovative business tool is expected to launch in mid-2020.

As Dustin reflects on the past busy, but fulfilling, few years, he is confident that his decision to take a chance on entrepreneurship was the right one.

“Starting Durham Recruiting has given me the best of both worlds. I still get to interview and hear people’s stories like I did when I was in marketing, but now I get to place them into a full-time job and I can take all my business and marketing knowledge and apply it to my own company. I’m very lucky!”



# DC ENCOURAGES YOUNG WOMEN TO SEE THEMSELVES IN SCIENCE, TECHNOLOGY AND SKILLED TRADES

On October 22 and 23, Durham College (DC) hosted more than 600 Grade 7 and 8 students from across Durham Region and Northumberland County for the second annual conference, Expand the Possibilities: Young Women in Science, Technology and Trades.

The two days of exploration and inspiration aimed to better connect girls with careers in the traditionally male-dominated fields of science, technology and skilled trades. Each day of the conference included a keynote presentation and a series of hands-on workshops held in the college's industry-grade facilities and innovative learning spaces at the Whitby and Oshawa campuses.

"These young women need to believe that they belong in a lab conducting experiments, operating a crane on a jobsite or deep in the code advancing cybersecurity," said Dr. Elaine Popp, vice president, Academic, DC. "As a post-secondary leader in science, technology and skilled trades, our job at Durham College is to help students get there. This conference is an important first step in that journey."

Students received practical advice and motivation from serial inventor Ann Makosinski and contractor-entrepreneur-TV personality Kate Campbell. Makosinski offered a compelling argument for how fewer distractions equal more creativity as she shared her experience as a young inventor who is now one of the most sought-after influencers of her generation. Sharing highlights from her own career journey, Campbell busted myths associated with skilled trades and encouraged students to consider pursuing an apprenticeship.

"Engaging more young women in the fields of science, technology and skilled trades is critical if we are going to conquer the skills shortage that is facing employers and industries across the country," said DC president Don Lovisa. "Our hope is that at the end of each day, students leave this conference with a clearer vision of the incredible opportunities and careers that are available to them."

On the second day of the conference, at the college's Whitby campus, the Honourable Ross Romano, Minister of Colleges and Universities, brought greetings from the Ontario government. He also rolled-up his sleeves to participate in activities alongside students.

In addition to workshops led by DC faculty, sessions were also delivered by industry practitioners, all of whom see value in encouraging a greater diversity of potential employees to science, technology and trades careers. Seven industry leaders helped make the conference possible through sponsorship: Gerda, General Motors, OCNI: Organization of Canadian Nuclear Industries, Ontario Power Generation, RESCON: Residential Construction Council of Ontario, Siemens and Black & McDonald.

“I firmly believe that it’s essential that girls and women of all ages are provided with full and equal access to participation and leadership in science, technology and innovation. In fact, annually through our Corporate Citizen Program, Ontario Power Generation proudly sponsors organizations supporting STEM education, such as Durham College,” said Carrie-Anne Atkins, a senior communications adviser at Ontario Power Generation. Carrie-Anne is also a DC alumna and member of the Durham College Alumni Association Board of Directors. “We believe this conference helps put a spotlight on women’s and girls’ STEM participation, which will in turn assist in filling the larger STEM human resource deficit.”

The conference certainly made an impression on young participants, many of which are already making plans for their future in the trades. To find out more about the impact of the conference, check out the [video feature](#) from Global News Durham. If you would like to make a difference by sponsoring a future event like the Expand the Possibilities: Young Women in Science, Technology and Trades conference, please contact Julie VanHartingsveldt, donor and community stewardship officer at [Julie.VanHartingsveldt@durhamcollege.ca](mailto:Julie.VanHartingsveldt@durhamcollege.ca) or 905.721.2000 ext. 6310.



# DURHAM COLLEGE SPA LAUNCHES NEW SERVICES FOR FALL

Durham College Spa (DC Spa) is pleased to announce new esthetic and cosmetic services are now available for booking in addition to the popular massage therapy treatments launched last year.

Community members, students and employees are encouraged to book now to enjoy therapeutic treatments, quality products and services at affordable prices:

[See complete service menus.](#)

Located on the second floor of the Centre for Collaborative Education, Oshawa campus, DC Spa is open to the public and provides an inclusive space committed to making holistic beauty, health and wellness accessible and more affordable for all.

Delivered under the guidance of expert faculty, including Registered Massage Therapists, DC Spa treatments and services support the intensive training and learning of our esthetician, beauty advisor and massage therapy student practitioners.

[Support students' success – book your appointments today!](#)

Learn more at [www.durhamcollegespa.ca](http://www.durhamcollegespa.ca).







# ALUMNI SPOTLIGHT: CHRISTY STONE-CURRY

A little over 18 years ago, Christy Stone-Curry faced a tough decision. She was a new Durham College (DC) grad from the Business – Human Resources program, working her first job out of college at a large tech company. While she benefitted from steady pay, job security and a ladder to climb, the organization she worked for was experiencing the tail-end of an economic downturn. Her days were spent letting go of employees and representing her company in court almost weekly. It wasn't the career she had imagined for herself after college – she had dreams of inspiring and building people up, instead of bringing them down.

As luck would have it, a building in downtown Port Perry, Ont. that her father owned became vacant around that time. He offered her the opportunity to rent it before anyone else – for full price – and she took the chance, not yet knowing what it would become but confident that it was the right choice. It was then that the Piano Café was born.

“The first thing I did when I opened the café was go to the local Rotary Club and submit an application for membership. I was the only female, and the youngest member at the time, but it was

one of the best things I ever did for my business. That, and throw a party for everyone in town to introduce them to the café,” says Christy, who is currently the Rotary Club’s vice-president.

At the time she was a one-woman show – cooking and managing the café by herself in the first year – but the networking and informal marketing she did in the early days set her on the path to creating a unique brand. A little over a year later she added an inn to her business, taking space that was vacant above her café and renaming it the Piano Inn and Café.

Today Christy employs more than 12 kitchen and serving staff, is one of the top-rated restaurants in the area and her inn has become a hot destination for tourists looking for an intimate and cozy hideaway in Port Perry’s quaint downtown.

“The success of this business all comes down to relationships,” Christy explains. “People love to see business owners *in* their business, and what started as just me is now a family affair – that’s what makes us different. When you walk in at lunchtime you’ll see me checking up on tables and chatting with return customers, my husband is making drinks at the bar or helping guests in the inn, and my dad is greeting people at the door.”



Christy has made her mark not only as proprietor of the Piano Inn and Café, but also as a community leader. She is a past president and current vice-president of the Port Perry BIA and Rotary Club, winner of a Women in Rural Economic Development award and recipient of a Community Service Medallion from the Honourable Erin O’Toole, Member of Parliament for the Region of Durham.

A few years ago, Christy felt she had finally finessed her café menu – a niche selection of indulgent sandwiches, hearty soups and healthy salads that appeal to the ladies who lunch and the men they bring with them. With less time taken up by menu development, she had the opportunity to focus on marketing and taking her brand a step further.

“When I was in college, I didn’t really understand marketing. I was always more interested in the making-people-happy part of business,” says Christy. “Recently, I started calling back on my marketing classes from college and as soon as I started applying those lessons to my business things just clicked. I realized that marketing is for the people – to bring those who would enjoy our food and atmosphere the most to our door.”

The Piano Inn and Café re-launched its brand in 2018, and has seen huge success since. Christy now sells branded salad dressings, sauces, frozen soups and take-home meals, and the clubs and contests she runs throughout the year draw

in people from all over the region. Her quaint downtown business has also been the backdrop for a number of TV shows and several Hallmark Channel movies. Business has never been better – and Christy knows it’s because her brand, from the menu design to the décor, represents who she is and everything she loves about her customers.

“Opening the Piano Inn and Café was about doing what I liked. I didn’t want to get up each day and arrange terminations, I wanted to inspire them and make them feel appreciated,” Christy says. “As a restaurant owner you need to be good with people while balancing the business side. Really, you have to be a little bit of everything. I didn’t go to school for food, I went to school for business, but it makes me qualified to do what I do. I would not have made it this far if I didn’t start my path in a business program.”





*The Piano Inn and Café is located in downtown Port Perry, Ont. at 217 Queen Street.*

# ENACTUS DC RECEIVES \$3,000 GRANT FROM TOWN OF WHITBY

On September 12, Durham College's (DC) Enactus DC team was presented with a cheque for \$3,000 from Town of Whitby Mayor Don Mitchell as part of the Mayor's Community Development Fund (MCDF). The grant will go towards the team's True Grit project, an interactive mental health initiative that sees student leaders working closely with their peers on campus to develop experiential wellness workshops. The team hopes to eventually expand the workshops, offering them to at-risk youth across Whitby, Oshawa and the Durham Region.

"This grant from the Town of Whitby will allow our Enactus DC team to assist their peers in accessing fundamental wellness services needed to succeed both personally and professionally," said Dr. Elaine Popp, vice president, Academic at DC. "We are always grateful when our community rallies behind our students by supporting real-world learning initiatives where they have the opportunity to apply the skills learned in the classroom."

"We are proud to support the Durham College Enactus team through funds for their True Grit project," said Don Mitchell, mayor, Town of Whitby. "Through student-led initiatives, True Grit will bring added mental health supports to at-risk youth in our community and beyond. We are pleased to be a part of this important project."

The MCDF utilizes net revenue from the Mayor's Golf Tournament and the Mayor's Fundraiser to provide financial support to community groups, events and initiatives that will benefit the community.

The True Grit project is led by Heather Brown, a student in DC's Social Service Worker program and vice-president of the Enactus DC team.

[Enactus](#) is an international non-profit organization dedicated to creating social change through entrepreneurship. DC's chapter launched in 2016 through [FastStartDC](#), the college's entrepreneurship centre, and focuses on making positive economic and social impacts in Durham Region.

For more information on the projects or how to get involved with Enactus DC, visit [www.enactusdc.com](http://www.enactusdc.com).



Durham College's (DC) Enactus DC team was presented with a cheque for \$3,000 from Town of Whitby Mayor Don Mitchell as part of the Mayor's Community Development Fund.

# DURHAM COLLEGE CELEBRATES OPENING OF ENERGY INNOVATION CENTRE AND COMPLETION OF GEOTHERMAL FIELD

On October 22, Durham College (DC) celebrated the completion of its geothermal field and grand opening of its Energy Innovation Centre (EIC), which together leverage clean, sustainable underground thermal energy for the heating and cooling of the college's Gordon Willey building.

"This facility is such a great addition to our Oshawa campus," said Marianne Marando, associate vice-president, Academic at DC. "Not only will the Energy Innovation Centre work in tandem with our green initiatives to reduce the college's carbon footprint, but it will do so while providing our students with a unique living lab that offers both a self-guided learning experience for all students and experiential learning opportunities for students in select programs."

Stephane Chayer, vice-president of Smart Infrastructure at Siemens Canada spoke on behalf of the organization at the opening and presented DC with a cheque for \$27,500 – a grant awarded via the Siemens Empower Sustainability Education program that will further assist DC in its applied learning student opportunities. Siemens Canada is the primary contractor and industry partner for the geothermal project and EIC and provided

valuable expertise throughout the entire process.

"We're very appreciative of our relationship with Durham College and proud that they chose Siemens as their partner to help make the geothermal field and Energy Innovation Centre a reality," said Stephane Chayer, vice-president of Smart Infrastructure, Siemens Canada. "DC is a trailblazing Ontario institution in its commitment to sustainability leadership, innovation and applied learning – we're confident that this project positively contributes to Durham's energy transformation on campus."

Open to students, employees and the public, the EIC facility provides an exhibit-like atmosphere where visitors can learn more about how the geothermal system works through signage and interactive touch screen monitors that feature system diagrams and performance metrics. Additionally, a real-time energy dashboard provides insight on campus energy savings and the reduction of associated greenhouse gas emissions.





This project is just part of the ongoing transformation of DC's energy infrastructure to support and implement sustainably focused initiatives on campus. This past year, the college's Centre for Collaborative Education achieved Leadership in Energy and Environmental Design® (LEED®) Gold level certification. Additionally, DC was named one of Canada's Greenest Employers for the third consecutive year in a row.

# ALUMNI SPOTLIGHT: JUDY PAL

Judy Pal has had a long and winding career. It's one that has seen her hold the title of community relations coordinator for the Edmonton Oilers, television anchor for Global Television, chief of staff for numerous police organizations, and director of operations for the FBI Law Enforcement Executive Development Association (LEEDA).

Before all that, though, Judy's story started 36 years ago at Durham College (DC), where she graduated from the Sports and Entertainment Administration program (now known as Sports Administration).

"I was always interested in law enforcement, but because of height restrictions back then, I followed my second passion, professional hockey, before turning my attention back to policing after a stint in PR consulting and broadcast journalism," recalls Judy, who today provides counsel to national and international public safety clients.

Although her career path has taken some interesting turns, it began like those of many other successful students: a professor took notice of her talent, hard work and potential and hired her. Beginning as a statistician for the Junior B Oshawa Legionnaires, Judy helped the players write their applications for university. This experience landed her a placement with the

Oshawa Generals. As her classmates crossed the stage at convocation, she wasn't able to make it because she was busy working the OHL draft.

That experience led to a full-time position right out of school with the Moncton Alpines, and was later 'called up' to the NHL two years later and to be part of the 1988 Stanley Cup champion Edmonton Oilers.

After spending a few years in broadcast journalism and public relations, Judy took her communications experience and applied it to her first love, law enforcement, and accepted a job with Halifax Regional Police in Nova Scotia before moving to the US. After a short stint with the City of Irvine in California, she joined the Atlanta and then Savannah police departments in Georgia managing public communications. From there, she took on the chief of staff role in Milwaukee and Baltimore before eventually finding herself serving as director of operations for the FBI-LEEDA. In this role she developed and managed leadership course curriculum and became a sought-after lecturer and public speaker in the field of communications for public safety.

“If someone told me when I graduated that I would have the career I’ve had, I would have told them they were crazy,” Judy says. “Once I got to the New York Police Department, I used to sit and wonder when people would ‘find out’ that I’m just some woman with a sports administration diploma and PR degree from Canada!”

Yet it was that college diploma that started Judy on her unique journey and she credits two of the lessons she learned at DC to much of her success.

First: “Networking is key. No matter how much you know, it’s more about who you know – especially in the world of professional sports and law enforcement,” says Judy. “I’ve been extremely blessed to have established strong relationships in the field and police leaders often recommend me to others because of this.”

Second: “Never stop learning! I’ve worked with and learned from some of the smartest people in both hockey and law enforcement. I see myself more of a conduit of my former mentors’ knowledge than an expert myself,” she explains.

What she’s gained through networking and mentorship has led to her current work as a consultant spending most of her days on the road training public information officers and police leaders about how to better communicate. She’s also written a guide on crisis communications and was recently the keynote speaker for the Canadian Association of Chiefs of Police Strategic Communications Conference.

“I’d like to think I’m providing law enforcement tools to help improve their abilities to better communicate on behalf of their department,” says Judy. “My guide on crisis communications is being used by some major city departments in the U.S. as required reading for promotional exams. Everywhere I have worked, I hope I have contributed to some small legacy project or best-practice.”



# FROM OUR KITCHEN TO YOURS

## SPINACH AND MUSHROOM-STUFFED BEEF TENDERLOIN WITH RED WINE SAUCE

This hearty stuffed tenderloin features a flavourful bacon, mushroom and spinach filling that is sure to keep you warm on even the coldest of fall days. Servings: 4

### INGREDIENTS

#### Cauliflower:

- 1 beef tenderloin
- 20g bacon
- 8oz mushroom
- 6oz spinach
- 100g shallots
- 15ml garlic
- 100ml beef stock
- Salt to taste
- Pepper to taste
- 15ml thyme
- 600ml beef stock
- 200ml red wine
- 3 sprigs of thyme
- 25ml all-purpose flour
- 45ml butter

### METHOD:

#### Filling:

- Heat a large sauté pan and cook bacon until it just starts to brown.
- Add shallots and mushroom and continue to sauté for 3 to 4 minutes.
- Add garlic and cook until fragrant (approximately one minute).
- Pour in 125 ml of beef stock and reduce until almost all liquid has evaporated.
- Stir in spinach and remove from heat. The spinach will wilt with the residual heat. Allow to cool.

#### Beef tenderloin:

- Butterfly the beef tenderloin trying to keep an even thickness. Season the inside with salt and pepper.
- Add the bacon, mushroom and spinach filling and roll up tenderloin.
- Secure with butcher twine and season with salt and pepper.

- Roast in in the oven at 400F for 10 minutes.
  - Reduce heat to 300F and continue to roast for another 10 minutes. Internal temperature should read 130F for medium rare.
  - Add beef stock, red wine and thyme.
  - Bring to simmer and cook for 20 minutes or until desired consistency.
  - Keep warm.
  - Slice tenderloin to expose stuffing and serve with red wine sauce and buttered green beans. Drizzle both the jerk mayonnaise and gochujang paste over friend cauliflower, garnish with chives or green onion.
- Red wine sauce:**
- Place all-purpose flour and butter in a sauce pan over medium low heat and make a roux.
  - Stir often and cook until roux turns brown (colour of chocolate milk).





## HOW WILL OUR SERVICES HELP?

We can:

- Provide you with tools to help identify your skills and strengths.
- Guide you to industry and labour market information.
- Create an effective career plan.
- Teach you how to market yourself to employers.
- Help you develop networking skills and prepare for job interviews.

Search for jobs and explore career resources. Meet with a coach in person, by phone or online!

## BOOK YOUR APPOINTMENT:

- By phone at 905.721.3034
- By dropping in to our office.

**BOOK ONLINE**

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## OFFICE HOURS:

Monday to Friday

8:30 a.m. to 4:30 p.m.

Oshawa campus: SSB 212

Whitby campus: Room 180

# CLASS NOTES

## 1970

Ron A. Sheyan  
Business Administration Information Systems  
Rob lives in Oshawa, Ont. with his wife, Beth.

## 1979

Dennis Stokoe  
Food and Drug Technology  
Dennis is a quality assurance and regulatory affairs manager with Smith & Nephew Canada and lives in Etobicoke, Ont. with his wife, Jackie.

Mike Fidler  
Electronics Engineering Technology  
Mike is a senior software developer for ImageWare Systems and lives in Guelph, Ont. with his wife, Lisa.

## 1993

Scott Wildman  
Sport Management  
Scott is a business development manager at Copywell Printing and lives in Maple, Ont. with his wife, Maria.

## 2005

Brent Meisner  
Police Foundations  
Brent is an underwriter for Sun Life Financial and lives in Kitchener, Ont.

## 2012

Racheal A. O'Callaghan  
Personal Support Worker  
Racheal lives in Newcastle, Ont.

## 2014

Amanda Cunning  
Office Administration - General  
Amanda is a leadership administrative secretary with the Durham District School Board and lives in Bowmanville, Ont. with her husband, Shawn.





With over **91,000** members in our alumni community our records need a refresh from time to time.

Update your contact information to receive the latest Durham College (DC) news and information on benefits and special offers exclusive only to DC grads.

We encourage you to make this a part of your routine so that we always know how best to reach you.

Here's to staying in touch!

[UPDATE YOUR INFO](#)

# MEET YOUR DURHAM COLLEGE ALUMNI ASSOCIATION (DCAA) BOARD – CAMERON ACKERBLADE

## WHY IS IT IMPORTANT TO YOU TO BE A PART OF THE DCAA?

I strongly believe that Durham College (DC) is part of the fabric of the Durham and Oshawa community. It's important for the college to stay connected to these areas through past graduates. After all, the college is one of the main drivers of commerce in the area.

## WHAT IS YOUR FAVOURITE MEMORY OF DC?

Socially, I enjoyed seeing some of today's successful bands before they made it! I remember seeing Our Lady Peace and I Mother Earth in front of a very packed, but small crowd at EP Taylor's Pub. Academically, I enjoyed the business faculty and how they immersed themselves with the students and led us to success.

## IF YOU COULD GIVE ONE PIECE OF ADVICE TO A STUDENT, WHAT WOULD IT BE?

Enjoy the social life of being on campus, but remember, DC is training you for a career. Be professional and work hard!

## ABOUT CAMERON

Cameron Ackerblade joined the DCAA board in 2018 and is currently president. He graduated from DC's Accounting – Business program in 2005. Cameron has been in the workplace supply business for most of his working career, the past five years as an account manager with Grand & Toy growing their brand in the Eastern GTA and Durham Region. Having lived and worked in Durham throughout most of his life, he has built many strong relationships within the community. Cameron actively participates in several committees of the Durham Region Lakeshore Chambers of Commerce/Boards of Trade, and volunteers with the Oshawa Seniors Community Centres. He has been a member of the board of the Oshawa Kicks Soccer Club, serving as vice president and has participated in many community initiatives.



*Durham College Alumni Association president Cameron Ackerblade addressing graduates at 2019 Fall Convocation.*

# BISTRO '67 NAMED ONE OF 50 BEST RESTAURANTS FOR VEGETARIANS IN CANADA

For the second time in two months, Durham College's (DC) innovative, field-to-fork restaurant, Bistro '67, has been recognized by OpenTable – last month for its [breathtaking views](#), and this month as one of 50 Best Restaurants for Vegetarians in Canada.

The list, which was released on October 1 – also recognized as World Vegetarian Day – was culled from more than 500,000 diner reviews of more than 3,000 Canadian restaurants which featured positive keywords relating to a restaurants' selection of vegetarian or vegan options.

In the Durham Region, Bistro '67 was the only restaurant to make the top 50 list, and was one of 29 restaurants across Ontario to be selected. The list highlights establishments that include everything from locally-grown sustainable cuisine, like Bistro '67, to cutting-edge plant-based dishes that appeal to vegetarians, vegans and even omnivore diners.

Bistro '67 offers guests a memorable field-to-fork dining experience within DC's multiple award-winning W. Galen Weston Centre for Food (CFF) where community, local agriculture and learning come together. Led by executive chef Raul Sojo, the Bistro '67 kitchen team is comprised of DC students and employees – all of whom have a hand in developing the diverse and flavourful menu, which changes several times per year to reflect the season and availability of fresh, local ingredients.

A 3 Star Certified Green Restaurant, Bistro '67 also holds a Feast ON designation in recognition of its use of local food and beverage options. It is open Tuesday to Friday for lunch and Tuesday to Saturday for dinner. To make a reservation, or learn more about Bistro '67, please visit [www.bistro67.ca](http://www.bistro67.ca).



# DC RECOGNIZES STUDENT ACHIEVEMENT AT 2019 FALL CONVOCATION

On October 30, more than 1,100 Durham College (DC) students received their credentials during Fall Convocation. Friends, families, college employees and special guests celebrated the post-secondary achievements of graduates, encouraging them to continue reaching for their goals and accomplishing great things.

“Our students have worked incredibly hard to get to this day,” said Andre De Freitas, associate vice president and registrar, Student Affairs. “The exciting experience of walking across the stage in front of their family, friends and peers to receive their credential will be a moment they’ll remember forever.”

Graduates from the Centre for Food and schools of Business, IT & Management; Continuing Education, Health & Community Services; Interdisciplinary Studies; Justice & Emergency Services; Media, Art & Design; Science & Engineering Technology and Skilled Trades, Apprenticeship & Renewable Technology received their diplomas and certificates.

“Our graduates may have received their credentials today, but the long hours they spent in labs, classrooms, field placements, and applied research have prepared them for the next step in

their journey,” said Dr. Elaine Popp, vice-president, Academic. “We are confident that our graduates will succeed in anything they put their mind to and wish them all the best as they move towards their next accomplishment.”

Guest speakers at each ceremony were:

## **Adam Hare:**

Petley-Hare Insurance Brokers president, entrepreneur and business leader, member of the Insurance Brokers Association of Durham Region board of directors, executive advisor to Lakeridge Health’s Launchpad committee, Young Broker of the Year in 2016 named by Insurance Brokers Association of Ontario, former professor in the School of Media, Art & Design, and 2006 graduate of Multimedia and Design program (now known as [Interactive Media Design](#)) both at DC.

## **Melissa Farrow:**

Program co-ordinator and child and youth counsellor at Hospital for Sick Children, field practicum advisor and professor at DC, member of a number of community child and youth agencies, 2009 graduate of [Social Service Worker](#) program and 2011 graduate of Child and Youth Worker program (now known as [Child and Youth Care](#)) both at DC.



# SPORTS SHORTS

## DC LORDS MEN'S BASEBALL TEAM WIN NATIONAL CHAMPIONSHIP

Durham College is pleased to share that its Durham Lords men's baseball team claimed the National College Baseball Championship gold medal on October 26 in Toronto, defeating the Thompson River Wolfpack in an exciting extra-inning contest, 2-1. The win marks the second national championship in program history, previously claiming the Canadian Intercollegiate Baseball Association national title in 2011.

A near storybook ending to the career of head coach Sam Dempster, who announced his retirement for the conclusion of the 2019 season earlier this fall, the bench boss has led the program since its inaugural season in 1992. Earlier this season Dempster recorded his 400th career win, he led the Lords to a winning conference record for the 24th time over 28 seasons, and to an Ontario Colleges Athletic Association (OCAA) silver medal for the third time in seven years; in addition to the national gold.

First-year power-hitter and 2019 OCAA batting champion Fernando Suarez Muniz was named the championship MVP after driving in the Lords first run of the championship final with an RBI double off the left field fence, before crossing the plate himself in the eighth inning for the game-winning run.

A stellar season for the Lords, after a 2-6 start they would rebound to record 11 straight wins and eventually claim the provincial silver as host of the 2019 OCAA baseball championship, qualifying them for the National College Baseball Championship. Durham lost their first game of the national tournament, but would go on to pick up wins over the Lionel-Groulx Nordiques, John Abbott Islanders, and 2019 OCAA champion Humber Hawks, en route to the championship win over the Thompson River Wolfpack.





# SPORTS SHORTS CONTINUED

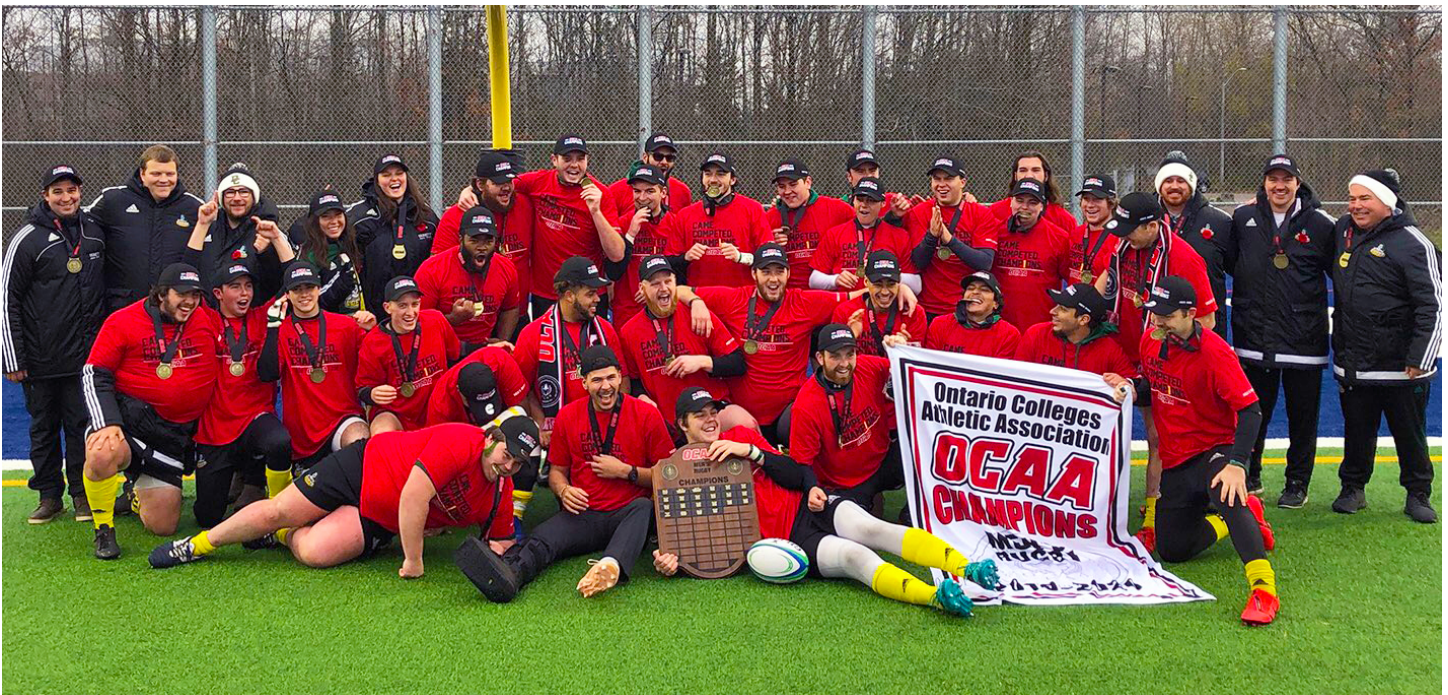
## A WINNING WEEKEND FOR DURHAM COLLEGE (DC) LORDS' MEN'S SOCCER AND RUGBY TEAMS

The Durham Lords celebrated national and provincial championship wins on November 9 and 10, securing gold in both the 2019 Canadian Collegiate Athletic Association (CCAA) men's soccer national championship and the Ontario Colleges Athletic Association (OCAA) men's provincial rugby championship.

Kicking off the weekend, the Lords hosted the men's soccer national championship and captured their first gold medal in program history, defeating the Vancouver Island University Mariners 3-2 in the championship final in front of a home crowd in Oshawa, Ont. Durham Lords first-year striker Joshua Lee was named championship MVP and a championship all-star, alongside teammates Nick Payne, Colin Reilly, Ryan Cullen, and Kevon Grant. The Lords previous men's soccer national medal came exactly a decade ago when they previously served as host for the prestigious event, capturing the CCAA bronze in 1999.

On November 10, the Lords men's rugby team travelled to Barrie for the OCAA provincial championship. Following their first provincial banner in program history last fall, the Lords men's rugby team made it back-to-back OCAA gold medals after defeating the Georgian Grizzlies 22-17. After returning to the OCAA conference last season and making their debut in league play, the Lords have accrued a record of 14-3 overall in their two seasons, laying their claim to be one of the best post-secondary rugby programs in the country with two provincial banners to their names in two years of competition.

Lords No. 10 Taylor Dallas was named the championship MVP making several spectacular tackles in the championship final, in addition to guiding the offence from his fly-half position. Also honoured following the match were Patrick Lynch and Austin Knox, who were both named championship all-stars.



# FEATURED BENEFITS FOR DURHAM COLLEGE (DC) ALUMNI

DC alumni have access to hundreds of benefits and services. To view them all, please visit [www.durhamcollege.ca/alumnibenefits](http://www.durhamcollege.ca/alumnibenefits) or download the DC Alumni Connect app through the [Apple App Store](#) or [Google Play](#).

## LAVA YOGA

DC alumni receive 20 per cent off auto-renew memberships. To take advantage of the offer, please visit the Lava Yoga studio in downtown Oshawa or call 905.725.5282.

## THE ENVIRO-NIAGARA GROUP

The Enviro-Niagara Group is proud to offer DC alumni members excellent discounts on all products and services:

- Receive a 10 per cent discount on all things BBQ when you show your alumni card in store! Choose your new grill or accessories from Traeger, The Big Green Egg, Weber or Broil King, or sample our fine selection of world class award-winning BBQ sauces and rubs.
- Receive a \$1000 discount with the purchase of a new furnace and air conditioner. Discounts also apply to boilers, mini splits, hot water tanks and all things HVAC.
- Receive free installation (valued at \$950 plus HST) with the purchase of a new Kingsman or Regency fireplace.
- Receive a \$100 discount with the purchase of a new dimplex electric fireplace.
- Are you building a new home? Ask us for your exclusive DC alumni discount for custom sheet metal installation.
- Join the club and receive up to 50 per cent off service and repairs.

*\*Not located in the Niagara Region? No problem, give us a call and let's see if we can help save you money.*



## SKY ZONE WHITBY

For a limited time, DC alumni receive 10 per cent off on regular jump sessions during the months of November and December. Alumni membership card must be shown in order to take advantage of this offer. Offer valid at Sky Zone Whitby location only and only valid for walk-ins.

## THAI EXPRESS OSHAWA (RITSON ROAD LOCATION)

DC alumni save 15 per cent when they use their alumni membership card at Thai Express. Offer valid November 1 through to Tuesday, December 31 at Thai Express's 238 Ritson Road North location in Oshawa.

# SAVE THE DATE

## ALUMNI NIGHT AT THE OSHAWA GENERALS

**Friday, January 31**

Tribute Communities Centre  
99 Athol Street East, Oshawa

Join us on Friday, January 31 for the 8th annual DC Alumni and Staff Night at the Oshawa Generals game where the Generals will host the Peterborough Petes at the Tribute Communities Centre. Tickets are \$25 (suite level tickets) and include reception, snacks and non-alcoholic beverages.

7 p.m. – pre-game reception

7:35 p.m. – puck drop

Please call email the alumni office at [alumni@durhamcollege.ca](mailto:alumni@durhamcollege.ca) to purchase tickets.

## JOB FAIR – OSHAWA CAMPUS

**Tuesday, February 4**

Gym 1 and 2,  
Campus Recreation and Wellness Centre  
11 a.m. to 3 p.m.

## JOB FAIR – WHITBY CAMPUS

**Thursday, February 6**

Atrium and Central Hall  
2 to 4 p.m.

## ETIQUETTE DINNER

**Monday, March 9**

6 to 8:30 p.m.

Bistro '67

1604 Champlain Ave., Whitby, ON L1N 6A7

For more information and to purchase tickets, please visit [www.durhamcollege.ca/b2b](http://www.durhamcollege.ca/b2b)

## SPRING OPEN HOUSE

**Saturday, April 4**

Oshawa and Whitby campuses and  
Pickering Learning Site

For more information, please visit [www.durhamcollege.ca/openhouse](http://www.durhamcollege.ca/openhouse)

## EVENT RECAP: ALUMNI GAMING NIGHT

On November 12, more than 40 alumni attended the first Alumni Gaming Night at DC's new Esports Gaming Arena. Alumni were able to bring their friends and family to try their hand at the computer, console and party games the arena offers while munching on complimentary snacks and non-alcoholic beverages.

Missed out on this event? Be sure to grab your tickets for Alumni Night at the Oshawa Generals on Friday, January 31.



# AT DURHAM COLLEGE, THE STUDENT EXPERIENCE COMES FIRST AND YOU CAN HELP MAKE IT EVEN BETTER

## WHY GIVING MATTERS :

Durham College (DC) offers more than 140 full-time, market-driven programs in a variety of fields, providing students with an opportunity to excel in their chosen area.

Whether DC students are inventing new ways to implement sustainable practices; writing, designing, filming, or animating; utilizing their caring nature to contribute to the health and social wellness of others; or advocating on behalf of the law – they are successful!

With your support, anything is possible.

## CHOICES FOR GIVING:

Having grown rapidly over the past decade, renewed and expanded space designed to meet the needs of our students is our top priority. A gift to the Building Something Amazing campaign will help DC deliver on the vision behind the new Centre for Collaborative Education (CFCE). The CFCE will offer students a new perspective on their futures and what they can achieve; inspire cultural comprehension and connection; drive entrepreneurship here in Durham Region and beyond; and establish deep connections between DC, our students and the communities that we serve.

DC is pleased to be able to provide more than \$2 million in scholarship and bursary funding each year. While building inspiring space for students is our highest priority, gifts supporting scholarship and bursaries are also welcome.

Regardless of where you choose to direct your gift, all donations are eligible for tax receipts and donor recognition is provided to honour your generous contribution.



## HAVE QUESTIONS?

Please contact [Linda Flynn](#), associate vice-president, Office of Development and Alumni Affairs if you have any questions.

## READY TO DONATE NOW?

There are two ways to make a donation:

### Online:

Giving online is a fast, efficient and secure way to support our students and projects. To give online now, [click here](#).

### Mail:

Donations may be sent by cheque, money order (made payable to Durham College Foundation) or credit card. Please complete and mail the [giving form](#) to:

Durham College Foundation,  
Office of Development and Alumni Affairs

2000 Simcoe St. N.  
Oshawa, ON  
L1G 0C5  
Canada

For more information about giving to DC visit [www.durhamcollege.ca/giving](http://www.durhamcollege.ca/giving)





# BE IN DEMAND



## DEGREES AT DC

Be ready to succeed with a four-year honours degree that provides you with a unique experience integrating theory with intensive applied learning. You will graduate with the comprehensive knowledge and practical experience that employers are looking for in today's competitive and evolving workforce.

**\$2,500  
ENTRANCE  
AWARD**

### **HONOURS BACHELOR OF BEHAVIOURAL SCIENCES (HBBS)**

As the incidence of addictions, acquired brain injuries, autism spectrum disorder (ASD) and dementia continues to rise in Ontario and across the country, so does the need for qualified professionals in the areas of behavioural sciences, applied behavioural analysis and cognitive behaviour. Graduates are prepared to serve growing client populations and become leaders in their field.

### **HONOURS BACHELOR OF HEALTH CARE TECHNOLOGY MANAGEMENT (BHCTM) – UNIQUE IN CANADA**

Graduates are distinctly qualified to provide leadership in assessing current and innovative biomedical technologies and matching them to clinical objectives. Career options include roles in capital equipment procurement, leadership in medical engineering technology, medical technology assessment, project management, regulatory compliance and more.

## CAREER-FOCUSED DIPLOMAS AND CERTIFICATES THAT PREPARE YOU FOR SUCCESS.

### **AUTISM AND BEHAVIOURAL SCIENCES – GRADUATE CERTIFICATE**

Make a difference in the lives of those living with Autism Spectrum Disorder (ASD). Find a career in a variety of settings including school boards, early intervention programs and clinical programs.

### **ENVIRONMENT HEALTH AND SAFETY MANAGEMENT – GRADUATE CERTIFICATE**

Make a difference in the lives of others by helping to ensure their safety at work. Launch a career where no two days are ever the same as you apply technical knowledge of safety hazards, health risks and dangers to prevent injuries and illness while supporting broader public safety.

### **ESPORT BUSINESS MANAGEMENT – GRADUATE CERTIFICATE**

Launch a career in the fast-growing industry of professional esports. With global revenues expected to exceed \$1 billion in 2019, demand for skilled esports business professionals and the number of career opportunities in the field are growing at an equally fast rate.

### **JOURNALISM AND CREATIVE WRITING – INTEGRATED DIPLOMA AND DEGREE PROGRAM**

Develop current and relevant career-ready skills in journalism, social media and content creation, earning both a diploma and a degree - all in just four years through a unique partnership with Durham College and Trent University Durham GTA.

### **TOURISM – DESTINATION MARKETING – DIPLOMA**

Build a successful career locally and globally in the rapidly growing tourism services sector as a destination marketer. These multidisciplinary professionals specialize in identifying, developing and executing strategies to drive socio-economic success for locations and attractions around the world.

**APPLY NOW – [WWW.DURHAMCOLLEGE.CA/NEW](http://WWW.DURHAMCOLLEGE.CA/NEW)**

**DCALUMNI**

The logo for DCALUMNI features the text "DCALUMNI" in a bold, sans-serif font. The "DC" is colored green, and "ALUMNI" is black. Below the text is a horizontal line that is green on the left and brown on the right.

[WWW.DURHAMCOLLEGE.CA/ALUMNI](http://WWW.DURHAMCOLLEGE.CA/ALUMNI)