

# STUDENT CONDUCT & SELF REGULATION

At Durham College we are dedicated to fostering a respectful, inclusive, professional learning environment which promotes adult self-regulation. You are responsible for adhering to the rules and regulations outlined in the Student Conduct Policy.

## Student Conduct Issues:

### EMOTIONALLY DISTRESSED BEHAVIOURS

- Emotional pain
- Tearfulness
- Interruptions

**Academic concerns:**

- Missed classes
- Tearfulness
- Interruptions

**Next Steps:**

Actively reach out to a faculty member, your student advisor, or a member of the campus services team

**REFER TO:**

Coaching & Support Centre  
SW 116, Oshawa Campus

Residence Outreach Coordinator  
South Village, second floor

Big White Wall:  
[www.bigwhitewall.com](http://www.bigwhitewall.com)

Bounce Back:  
[bouncebackontario.ca](http://bouncebackontario.ca)

### EMOTIONALLY DISTRESSING BEHAVIOURS

- Evidence to suggest risk of harm to self and others
- Student causing distress for others in the classroom or campus community
- Disrupting the teaching & learning environment

**Contact:**

- **Campus Safety**  
905-721-2000 ex. 2400
- **Counselling Services**  
905-721-3037  
G1020, Oshawa Campus
- **Office of Student Diversity, Inclusion & Transitions**  
905-721-2000  
CFCE 131

**REFER TO:**

CHC (Campus Health Centre)  
905-721-3037

ASC (Access & Support Centre)  
905-721-3123  
Previously registered at ASC

### ACUTE DISTRESSING BEHAVIOURS

- Evidence of harm to self or others
- Disruption affects the safety of the learning environment

**Contact:**

- **Campus Safety**  
905-721-2000 ex. 2400

If student makes a statement that they wish or think about harming themselves or others:

**IMMEDIATELY** call **2400 / 905-721-2000** & Campus Safety will dispatch CERT or appropriate authorities.

**After Hours for Immediate Support:**  
Contact Campus Safety at **905-721-3211**, ext. 2400  
OR **911** if off campus

**ONLINE / PHONE ASSISTANCE:**

- Good2Talk
- Aspiria

☎ 1-866-925-5454 <http://aspiria.ca>

**Campus Health Centre:**

- Mental Health Nurse,
- MDS: Referral to psychiatrist and Medication management,
- Ontario Shores CBT

**CHC Website:**  
<https://durhamcollege.ca/student-life/health-and-wellness/campus-health-centre>